

Shopping List: 7/13/2005

	Baking Prod				
	Walnuts - 1/2 cup	1	2.00	Salad Dressing	1 0.00
	Evaporated milk - 12 oz.	1	0.89	Soy sauce	1 0.00
				Onion slices	1 0.00
	Bread			Salt	1 0.00
	crusty bread	1	2.00	Sugar	1 0.00
	Hamburger buns	1	1.50	Sauted Onion (from freezer)	3 0.00
	Italian bread	1	2.50	Oregano	1 0.00
				Pepper	1 0.00
	Canned Fruit			Chili Powder	1 0.00
	Craisins	1	2.50	cayenne pepper	1 0.00
				Butter	1 0.00
	Canned Vegeta			Vegetable Oil (pref. light oli	1 0.00
	Tomato sauce - 8 oz.	1	1.00	Cornstarch	1 0.00
	Canned Corn	1	0.90	Corn Meal	1 0.00
	Roasted Red Peppers (jar)	2	2.00	Baking Powder	1 0.00
	Mushroom Pieces - 4 oz.	2	0.85	Worcestershire Sauce	1 0.00
	Pimiento - 7 oz	1	2.00	Adobo	1 0.00
				Brown Sugar	1 0.00
	Cheese			white cooking wine	1 0.00
	Velveeta -16 oz.	1	4.00	Basil	1 0.00
	Ricotta - 1 cup	1	1.50	Croutons	1 0.00
	Parmesan cheese - 8 oz	1	1.99	hamburger condiments	1 0.00
	Shredded Cheddar Cheese - 2 cu	2	2.50	Garlic powder	1 0.00
	Proc Amer Sliced 8 Oz	1	2.23	Garlic cloves	1 0.00
				Milk	1 0.00
	Condiments			Lettuce leaves	1 0.00
	Pickles Dill 32 Oz	1	2.33	Tomato slices	1 0.00
	Bacon Bits	1	2.00	Dill pickle slices	1 0.00
				Dehydrated onion	1 0.00
	Dairy/spreads			Cumin	1 0.00
	Vanilla yogurt - 8 oz.	1	1.00	Flour	1 0.00
	Cream cheese, 3 oz.	1	1.00	Eggs	3 0.00
	Sour Cream - 8 oz.	1	0.99	Dry Mustard	1 0.00
	Cottage Cheese - 1 cup	1	1.00		
	Refrigerated Alfredo sauce	1	2.50	Pasta / Rice	
				Lasagna noodles 9 noodles	1 1.50
				Spaghetti - 8 or 16 oz.	1 0.90
	Frozen Vegeta			Produce	
	Shoepeg corn (white) - 12 oz	1	1.50	Almonds - 1/3 cup	1 2.00
	Spinach - 10 oz	1	1.50	Corn On Cob - 6 ears	1 2.00
	Ore Ida Hash Browns - 30 oz.	1	3.50	Brussels sprouts - 1 pint	2 2.50
				Tomato	1 1.00
	Fruit			Salad mix	1 1.99
	Watermelon half	1	4.00		
	Red grapes	1	2.50	Snacks	
	Bag of Granny Smith apples	1	3.00	Potato chips	1 3.00
	Meat			Soup	
	Chicken parts - 2lbs.	2	7.99	Beef Broth	3 0.89
	Ground beef 1/2 lb.	1	1.25	Cr. Of Chicken	2 0.89
	Ground Beef - 1 lb.	4	2.50	Cr. of Celery	1 0.89
				Chicken Broth	3 0.88
	Pantry Items				
	Red Wine Vinegar	1	0.00		
	Olive Oil	1	0.00		
				Total:	\$115.13