

Shopping List: 1/5/2006

Beans			Bread Crumbs	1	0.00
Lentils	1	1.00	Baking Powder	1	0.00
Bread			Adobo	1	0.00
crusty bread	1	2.00	Balsamic vinegar	1	0.00
Canned Vegeta			Baking Soda	1	0.00
Pimiento - 4 oz	1	2.00	Pecan meal	1	0.00
Tomato Sauce - 15 oz.	1	2.00	Cornstarch	1	0.00
Black Olives 1/3 cup	1	1.50	Cumin	1	0.00
Canned Green Beans 32 oz.	1	2.00	Dill	1	0.00
Canned Corn	2	0.90	Corn Meal	1	0.00
Tomato Paste - 6 oz.	1	0.50	Chili Powder	1	0.00
Cheese			white cooking wine	1	0.00
Feta - 4oz.	1	2.50	Pasta / Rice		
Parmesan cheese - 8 oz	1	1.99	Angel hair pasta - 8oz.	1	1.00
Condiments			Produce		
Ranch Dressing	1	1.99	Tomatoes, ripe	1	1.00
Croutons	1	0.89	Veggies for dip	1	3.00
Dairy/spreads			Bananas	1	1.50
Vanilla yogurt - 32 oz.	1	3.00	Garlic cloves	1	0.75
eggs	2	2.00	Green Bell Pepper	8	0.79
Whipping Cream	1	1.11	Celery	1	0.89
Ethnic Food			Bag of Yellow Onions	1	2.00
Whole Wheat tortillas	1	2.50	Carrots	1	1.60
Frozen Dessert			Green Onions	1	2.00
Frozen Strawberries 16 Oz	1	1.67	Red Bell Pepper	1	2.50
Frozen Vegeta			Lettuce, variety	1	4.00
Brussels Sprouts 16 Oz	1	1.55	Refrig. Items		
Stew Vegetables 16 Oz	1	1.20	Buttermilk	1	0.00
Meat			Orange Juice	1	0.00
Beef stew meat - 3 lbs.	1	7.00	Butter	1	0.00
Boneless chicken breasts - 4	1	4.00	Milk	1	0.00
bacon	1	2.50	Sauces		
Pantry Items			Rotel tomatoes and green chili	2	1.00
Salt	1	0.00	Tomato Sauce 8 Oz	1	0.30
Thyme	1	0.00	Soup		
Sugar	1	0.00	Chicken Broth	4	0.88
Flour	1	0.00	Beef Broth	1	0.89
Olive Oil	1	0.00	Total:		
Oregano	1	0.00	\$81.97		
Parsley	1	0.00			
Pepper	1	0.00			
Vanilla Extract	1	0.00			
Bay leaf	1	0.00			
Basil	1	0.00			
Brown rice	1	0.00			