Shopping List: 1/18/2006

Bread		
Dinner rolls	1	2.00
Canned Fruit		
peaches	1	1.50
Canned Vegeta		
Canned Corn	2	0.90
Cereal		
Quick grits	1	2.00
Dairy/spreads		
Cream cheese, 3 oz.	1	1.00
Vanilla yogurt - 8 oz.	1	0.50
Freezer Items		
Sauted Onion (from freezer)	1	0.00
cooked chicken - fr. freezer	1	0.00
Frozen Vegeta		
Baby/petite peas	1	2.00
Peas And Carrots 16 Oz	1	1.03
Fruit		
Bag of Granny Smith apples	1	3.00
Red grapes	1	2.50
Meat		
Beef kabob meat - 2lbs.	2	8.00
Ham slices (honey or country)	1	4.00
Nuts		
Walnuts	1	1.50
Pantry Items		
ketchup	1	0.00
Pepper	1	0.00
Olive Oil	1	0.00
Red Wine Vinegar	1	0.00
Tarragon	1	0.00
Rice, your preference	1	0.00
Chili Powder	1	0.00
Self-rising Flour	1	0.00
Salt	1	0.00
Baking Powder	1	0.00
Brown Sugar	1	0.00
Flour	1	0.00
Garlic powder	1	0.00
Adobo	1	0.00
Croutons	1	0.00
Cumin	1	0.00
Pasta / Rice		
Yellow Rice, lg. pkg.	1	2.50

Produce		
Lettuce, variety pack	1	4.00
Green Bell Pepper	6	0.79
Onions - bag	1	2.00
Mushrooms, whole (lg.)	1	2.00
Refrig. Items		
Buttermilk	1	0.00
Soy sauce/tamari	1	0.00
Sour cream	1	0.00
Guacamole (opt.)	1	0.00
Lemon Juice	1	0.00
Butter	1	0.00
Eggs	2	0.00
Salad Dressing	1	0.00
salsa	1	0.00
Lettuce leaves	1	0.00
Milk	1	0.00
Soup		
Chicken Broth	6	0.88
Cr. Of Chicken	1	0.89
Total:		**$60.24**