

Shopping List: 2/2/2006

Beans			Brown rice	1	0.00
	15 Bean soup mix	1 2.00	Brown Sugar	1	0.00
Canned Fruit			Baking Powder	1	0.00
	Pineapple chunks	1 2.00	Bay leaf	1	0.00
Canned Meals			ketchup	1	0.00
	Chili	1 1.50	Croutons	1	0.00
Canned Vegeta			Flour	1	0.00
	Canned Corn	2 0.50	Corn Meal	1	0.00
	Pimiento - 4 oz	1 2.00	Garlic powder	1	0.00
	Black beans	1 1.00	Chives	1	0.00
	Canned Green Beans 32 oz.	1 2.00	Pasta / Rice		
	Rotel	2 1.50	Spaghetti- 8 oz.	1	0.80
Cheese			Egg Noodles	1	1.50
	Cheddar, sharp - 4 cups	1 4.00	Produce		
Dairy/spreads			Celery	1	0.89
	Vanilla yogurt - 32 oz.	1 3.00	Mushrooms, whole	1	1.59
	Pimiento cheese	1 2.00	Misc. veg. for salad	1	2.00
Ethnic Food			Baking Potatoes (indiv.)	9	0.80
	Green Chilis	1 1.00	Acorn squash (1 per 2 people)	1	3.00
Freezer Items			Lettuce, variety pack	1	4.00
	bell pepper, sauted (from free	1 0.00	Refrig. Items		
	Ham - fr. freezer	1 0.00	Eggs	1	0.00
	Sauted Onion (from freezer)	1 0.00	Bacon or bacon bits	1	0.00
	cooked chicken - fr. freezer	1 0.00	Yellow mustard	1	0.00
Frozen Vegeta			Butter	1	0.00
	Okra - 10 oz., not breaded	1 2.00	Garlic cloves	1	0.00
	Pearl Onions	1 1.00	Salad Dressing	1	0.00
Fruit			Parmesan Cheese	1	0.00
	Bananas - 8 ct.	1 1.00	Milk	1	0.00
	Red grapes	1 2.50	Sour cream	1	0.00
Meat			Sauces		
	Ground Beef - 1 lb.	5 2.50	Tomato Sauce 8 Oz	1	0.30
	Beef chuck - 3-4 lbs.	1 7.50	tomatoes - diced 14.5	1	1.50
Pantry Items			Soup		
	Sugar	1 0.00	Cr. Of Chicken	1	0.89
	Parsley	1 0.00	Beef Broth	1	0.89
	Pepper	1 0.00	Spices		
	sunflower seeds	1 0.00	Chili Seasoning	1	1.75
	Salt	1 0.00	WINE		
	Thyme	1 0.00	Dry red wine	1	5.00
	Olive Oil	1 0.00	Total:		
	Tarragon	1 0.00	\$82.31		
	Adobo	1 0.00			
	Bread Crumbs - 2 cups	1 0.00			