

Shopping List: 2/23/2006

Canned Vegeta			onion (1)	1	0.40
Canned Green Beans 32 oz.	1	2.00	Green Onions	1	2.00
Lima Beans	2	1.00	Asparagus 1lb	1	2.99
Cheese			Refrig. Items		
Cheddar, sharp - 4 cups	1	4.00	Milk	1	0.00
Dairy/spreads			Garlic cloves	4	0.00
eggs	1	1.00	Butter	1	0.00
Ethnic Food			Soy sauce/tamari	1	0.00
Frozen Edamame	1	2.50	Sauces		
Frozen wonton sheets/wrappers	1	2.50	tomatoes - diced 14.5	2	1.50
Green Chiles	1	1.00	Stewed Tomatoes - 14.5 oz.	2	1.50
Freezer Items			Spaghetti Sauce - 28 oz.	2	1.25
Gr. beef from freezer	3	0.00	Soup		
Sauted Onion (from freezer)	3	0.00	Chicken Broth	3	0.88
Frozen Vegeta			Total:		\$53.24
Corn On Cob 4 Ears	2	1.72			
cut corn - 12 oz.	1	0.99			
Peas And Carrots 16 Oz	1	1.03			
Breaded Okra	1	2.00			
Fruit					
Bag of Granny Smith apples	1	3.00			
Your choice	1	3.00			
Meat					
Pork Chops - 6 large	1	6.00			
Pantry Items					
Rice	1	0.00			
Rice (preferably Calrose)	1	0.00			
Pepper	1	0.00			
Bread Crumbs	1	0.00			
Sugar	1	0.00			
Thyme	1	0.00			
Vanilla Extract	1	0.00			
Salt	1	0.00			
Vegetable Oil (pref. light oli	1	0.00			
Oregano	1	0.00			
Biscuit mix	1	0.00			
Bay leaf	1	0.00			
Cornstarch	1	0.00			
Dry Mustard	1	0.00			
Basil	1	0.00			
Adobo	1	0.00			
Cinnamon	1	0.00			
Pasta / Rice					
Elbow Macaroni 8 oz.	1	1.25			
Vermicelli	1	1.00			
Produce					