

Shopping List: 4/13/2006

			Pepper	1	0.00
Canned Vegeta					
Rotel	2	1.50			
Black beans	1	1.00	Pasta / Rice		
Pimiento - 4 oz	1	2.00	Spaghetti- 8 oz.	1	0.80
Canned Corn	1	0.50	Yellow Rice, lg. pkg.	1	2.50
			Egg Noodles - 8oz.	1	1.50
Cheese					
Cheddar, sharp - 4 cups	1	4.00	Produce		
			onion (1)	1	0.40
Dairy/spreads			Celery	1	0.89
Dip for veggies	1	2.00	Salad mix	1	1.99
Pimiento cheese	1	2.00	Green Beans 1 lb.	1	3.00
			Veggies for dip	1	3.00
Ethnic Food					
Whole Wheat tortillas	1	2.50	Refrig. Items		
Green Chiles	1	1.00	Eggs	1	0.00
Frozen Edamame	1	2.50	Butter	1	0.00
			Soy sauce/tamari	1	0.00
Fish			Salad Dressing	1	0.00
Flaky white fish 2 lbs.	1	8.00	Lettuce leaves	1	0.00
			Tomato slices	1	0.00
Freezer Items			Milk	1	0.00
Browned beef (from Freezer)	1	0.00	salsa	1	0.00
Sauted Onion (from freezer)	1	0.00			
			Soup		
Frozen Vegeta			Cr. Of Chicken	2	0.89
Baby/petite peas	1	2.00	Chicken Broth	1	0.88
Peas And Carrots 16 Oz	1	1.03			
cut corn - 12 oz.	1	0.99	Spices		
Breaded Okra	1	2.00	Taco seasoning	1	1.50
Okra - 10 oz., not breaded	1	2.00			
			Total:		
Fruit					\$60.26
Peaches - 3	1	1.50			
Meat					
pork - 1/2 lb., chops or count	1	2.00			
Hen -3-4 lbs.	1	2.00			
Pantry Items					
Salt	1	0.00			
Sugar	1	0.00			
Calrose rice	1	0.00			
Vinegar	1	0.00			
Tarragon	1	0.00			
Vegetable Oil (pref. light oli	1	0.00			
Rice, your preference	1	0.00			
Flour	1	0.00			
Good Seasons Italian dressing	1	0.00			
Lemon pepper	1	0.00			
Cumin	1	0.00			
Adobo	1	0.00			
Chili Powder	1	0.00			
Croutons	1	0.00			
Olive Oil	1	0.00			