

Shopping List: 6/1/2006

Canned Fruit			onion (1)	2	0.40
Pineapple, crushed	1	1.75	Tomatoes - cherry	1	2.00
Canned Vegeta			Mushrooms, whole	2	1.59
Canned Green Beans 32 oz.	1	2.00	Red Onion	1	1.00
Canned Corn	3	0.50	Red Bell Pepper	1	2.50
Cheese			Salad greens	1	1.99
Cottage Cheese - 16 oz.	1	3.00	Green Bell Pepper	3	0.79
Condiments			Refrig. Items		
ranch dressing mix	2	1.00	Yellow mustard	1	0.00
Ethnic Food			Parmesan Cheese	1	0.00
Queso/cheese dip	1	2.50	Sour cream	1	0.00
Salsa	1	2.00	Salad Dressing	1	0.00
Taco seasoning	1	1.25	Garlic cloves	3	0.00
Whole Wheat tortillas	1	2.50	Soy sauce/tamari	1	0.00
Freezer Items			Lettuce leaves	1	0.00
Browned beef (from Freezer)	1	0.00	Butter	1	0.00
Black beans (from freezer)	1	0.00	Lemon Juice	1	0.00
Frozen Vegeta			Sauces		
Broccoli Cuts 16 Oz	1	1.32	Tomato Sauce 8 Oz	1	0.30
Pearl Onions	1	1.00	Pizza sauce (at least 8 oz.)	1	2.00
Meat			Soup		
3-5 lbs. beef chuck	1	10.00	Beef Broth	1	0.89
Beef kabob meat - 2lbs.	1	8.00	Total:		
Chicken parts - 1 lbs.	2	3.50	\$70.85		
Pantry Items					
Parsley	1	0.00			
Pepper	1	0.00			
Bread Machine ingredients	1	0.00			
Thyme	1	0.00			
Salt	1	0.00			
Red (Burgundy) wine	1	0.00			
Red Wine Vinegar	1	0.00			
ketchup	1	0.00			
Croutons	1	0.00			
Garlic powder	1	0.00			
Flour	1	0.00			
Olive Oil	1	0.00			
Bay leaf	1	0.00			
Brown Sugar	1	0.00			
Pasta / Rice					
Yellow Rice, lg. pkg.	1	2.50			
Egg Noodles	1	1.50			
Produce					
Tomatoes, ripe	1	1.00			
Potatoes - 5 lbs.	1	3.00			