

Shopping List: 6/15/2006

Bread			Cabbage slaw mix	1	2.50
Dinner rolls	1	2.00	Green Bell Pepper	1	0.79
French Rolls	1	2.50	Mushrooms, sliced	1	1.99
Pita bread	1	2.00	onion (1)	1	0.40
Cheese			Red Bell Pepper	1	2.50
Velveeta - 8 oz.	1	2.00	Broccoli Florets, bag	1	2.00
Shredded Cheddar Cheese - 2 cu	1	2.50	Red Onion	1	1.00
Parmesan cheese - 8 oz (bag)	2	1.99	Refrig. Items		
Mozzarella - 2 cups	1	1.50	Butter	1	0.00
Condiments			Yellow mustard	1	0.00
good seasons italian packet	1	3.00	Saandwich peppers or relish	1	0.00
Dairy/spreads			Mayonnaise	1	0.00
Cream Cheese 8 oz	1	2.00	Milk	1	0.00
Half & Half - 8 oz.	1	2.00	Salad Dressing	1	0.00
Ethnic Food			Sour cream	1	0.00
Whole wheat tortillas - 12 ct.	1	2.00	Garlic cloves	1	0.00
Taco seasoning	1	1.25	Sauces		
Freezer Items			Spaghetti Sauce - 28 oz.	1	1.25
Black beans (from freezer)	1	0.00	Soup		
Frozen Vegeta			Onion soup mix	1	2.50
Spinach - 10 oz	2	1.50	Total:		
Fruit			\$77.14		
Grapes	1	1.99			
Apples	1	3.00			
Your choice	1	3.00			
Meat					
Beef Roast - 3-4 lbs.	1	7.50			
Boneless chicken breasts 3 lbs	1	8.00			
Pantry Items					
Pepper	1	0.00			
Oregano	1	0.00			
Salt	1	0.00			
sunflower seeds	1	0.00			
Vinegar	1	0.00			
Sugar	1	0.00			
nutmeg	1	0.00			
Flour	1	0.00			
Bread Machine ingredients	1	0.00			
Croutons	1	0.00			
Bread flour	1	0.00			
Produce					
Green Beans 1 lb.	1	3.00			
Salad greens	1	1.99			
Tomatoes, ripe	2	1.00			
Corn On Cob - 6 ears	1	2.00			