

Shopping List: 6/29/2006

Bread							
WW Bread	1	2.00			zucchini	1	0.75
					yellow squash - 4	1	2.00
Canned Vegeta					pizza toppings	2	3.00
Canned Corn	1	0.50			Tomatoes, ripe, large	1	1.00
					Salad mix-ins	1	2.00
Cheese					Onions - bag	1	2.00
Cheddar, sharp - 4 cups	1	4.00			Red Bell Pepper	1	2.50
Cream Cheese Brick 8 Oz	1	1.18			Corn On Cob - 6 ears	1	2.00
Parmesan cheese - 8 oz (bag)	1	1.99			Broccoli Florets, bag	1	2.00
Mozzarella - 2 cups	2	1.50			Celery	1	0.89
					Salad greens - enough for 3 sa	3	1.99
Dairy/spreads					Red Onion	1	1.00
Pimiento cheese	1	2.00					
Half & Half - 8 oz.	1	2.00			Refrig. Items		
					Sour cream	1	0.00
Ethnic Food					Salad Dressing	1	0.00
Enchilada Sauce (red)	1	1.50			Butter	1	0.00
WW flour tortillas	1	2.00			Milk	1	0.00
Green Chiles (diced)	1	1.00			Eggs	6	0.00
					Sauces		
Fruit					Rotel tomatoes and green chili	1	1.00
Oranges 1lb	1	1.50			Spaghetti Sauce - 28 oz.	1	1.25
Grapes	1	1.99					
Strawberries Bskt - 1-2 lbs.	1	2.00			Snacks		
blueberries - 1/2 pint	1	2.50			Potato chips	1	3.00
Meat					Soup		
Kielbasa, smoked (fully cooked	1	2.99			Chicken Broth	1	0.88
Ground Beef - 1 lb.	5	2.50					
					Total:		
Miscellaneous							\$84.69
Sandwich fillings	1	5.00					
Pantry Items							
Sugar	1	0.00					
Vanilla Extract	1	0.00					
Rice, your preference	1	0.00					
Salt	1	0.00					
Vegetable Oil (pref. light oli	1	0.00					
Pepper	1	0.00					
Italian seasoning	1	0.00					
Baking Soda	1	0.00					
Adobo	1	0.00					
Bread Machine ingredients	1	0.00					
Biscuit mix	1	0.00					
Chili Powder	1	0.00					
Garlic powder	1	0.00					
Flour	1	0.00					
Cream of tartar	1	0.00					
Cumin	1	0.00					
Pasta / Rice							
Spaghetti- 8 oz.	1	0.80					
Produce							