

Shopping List: 7/6/2006

Baking Prod				Boneless chicken breasts - 6	1 6.00
Pepp. Farm stuffing - sm. bag	1	1.50		Ground Beef - 1-1/2 lb.	1 4.00
Beans				Nuts	
Black Beans- dried	1	1.50		Walnuts	1 1.50
Bread				Pantry Items	
Sourdough bread	1	2.99		Sugar	1 0.00
Dinner rolls	1	2.00		Bread Crumbs	1 0.00
				Bread Machine ingredients	1 0.00
Canned Fruit				Brown rice	1 0.00
Pineapple chunks	1	2.00		Adobo	1 0.00
				Pepper	1 0.00
Canned Vegeta				Croutons	1 0.00
Rotel	1	1.50		Cumin	1 0.00
Roasted Red Peppers (jar)	1	2.00		Vegetable Oil (pref. light oli	1 0.00
Canned Corn	1	0.50			
				Produce	
Cheese				Broccoli Florets, bag	1 2.00
Velveeta -16 oz. (or store bra	1	4.50		Sugar snap peas 6 oz.	2 2.00
Cream Cheese Brick 8 Oz	1	1.18		Salad mix-ins	1 2.00
Montery Jack 8 Oz	1	1.99		Salad greens	1 1.99
Mozzarella - shredded 8 oz.	2	2.00		Bag baby spinach	1 2.50
Swiss Cheese slices	1	2.50			
Shredded Cheddar Cheese - 2 cu	1	2.50		Refrig. Items	
				Tomatoes	1 0.00
Condiments				Butter	1 0.00
Blue Cheese Dressing	1	2.00		Lettuce	1 0.00
White Wine	1	2.00		Eggs	2 0.00
Frank's hot sauce - 12 oz.	1	2.00		Sour cream	1 0.00
				salsa	1 0.00
Dairy/spreads				Salad Dressing	1 0.00
Vanilla yogurt - 8 oz.	1	0.50			
				Soup	
Deli				Cr. Of Chicken	1 0.89
Genoa salami, thinly sliced -	1	2.00		Chicken Broth	3 0.88
				Cr. of Celery	1 0.89
Ethnic Food					
Enchilada Sauce (red)	1	1.50		Total:	\$84.56
taco mix & shells	1	2.00			
Freezer Items					
cooked chicken - fr. freezer	1	0.00			
Sauted Onion (from freezer)	2	0.00			
Frozen Vegeta					
Ore Ida Hash Browns - 30 oz.	1	3.50			
Fruit					
Mango, fresh or in jar	1	2.00			
red grapes	1	1.99			
Fruit of your choice	1	3.00			
Bag of Granny Smith apples	1	3.00			
Meat					