

Shopping List: 7/13/2006

Canned Fruit			Garlic powder	1	0.00
Fruit Cocktail 16 Oz	1	1.18	Dry Mustard	1	0.00
Canned Vegeta			Bread Machine ingredients	1	0.00
Pimiento - 4 oz	1	2.00	Brown rice	1	0.00
Cheese			Pasta / Rice		
Parmesan cheese - 8 oz (bag)	2	1.99	Spaghetti- 8 oz.	1	0.80
Shredded Cheddar Cheese - 2 cu	1	2.50	Linguine- 8 oz	1	1.50
Mozzarrella - 4 cups	1	3.50	Produce		
Dairy/spreads			zucchini	1	0.75
Half & Half - 8 oz.	1	2.00	Salad mix-ins	1	2.00
Cream Cheese 8 oz	1	2.00	Eggplant - small	2	1.50
eggs	1	2.00	yellow squash - 4	1	1.25
Whipping Cream - 1 cup	1	1.11	yellow squash -1	1	0.40
Cottage Cheese -8 oz.	1	1.00	Mushrooms, sliced	2	1.99
Ethnic Food			Red Bell Pepper	2	2.50
Green Chiles (diced)	1	1.00	Green Onions	1	2.00
Freezer Items			Green Bell Pepper	3	0.79
Sauted Onion (from freezer)	1	0.00	Mushrooms, whole	1	1.59
cooked chicken - fr. freezer	2	0.00	Salad greens	1	1.99
Frozen Vegeta			Red Onion	1	1.00
Spinach - 10 oz	2	1.50	Onions - bag	1	2.00
Petite Peas 16 Oz	1	1.30	Refrig. Items		
Fruit			Butter	1	0.00
Fruit of your choice	1	3.00	Milk	1	0.00
Peaches - 3	1	1.50	Hot sauce	1	0.00
Meat			Garlic cloves	2	0.00
bacon	1	2.50	Teriyaki sauce	1	0.00
Roaster (chicken)	1	3.50	Salad Dressing	1	0.00
Flank Steak - 1-1/2 lb.	1	5.00	Sauces		
Pantry Items			Spaghetti Sauce - 28 oz.	1	1.25
paprika	1	0.00	Soup		
Parsley	1	0.00	Chicken Broth	1	0.88
onion powder	1	0.00	Cr. Of Chicken	1	0.89
Pepper	1	0.00	Total:		
Vegetable Oil (pref. light oli	1	0.00	\$74.72		
White pepper	1	0.00			
Worcestershire Sauce	1	0.00			
Thyme	1	0.00			
Red Wine Vinegar	1	0.00			
Salt	1	0.00			
Tarragon	1	0.00			
nutmeg	1	0.00			
Croutons	1	0.00			
cayenne pepper	1	0.00			
Herbs for rice	1	0.00			
Flour	1	0.00			