

Grocery List for 4/09/07
Created by
Shopping List: 4/3/2007

Pantry Items					
Adobo	1	0.00	Canned Corn 14.5 oz	1	0.50
Baking Powder	1	0.00	Roasted Red Peppers (jar)	1	2.00
Bay leaf	1	0.00	Soup		
Bisquick	1	0.00	Chicken Broth	3	0.88
Bread Crumbs	1	0.00	Meat		
Brown Sugar	1	0.00	Chicken parts - 1 lbs.	2	3.50
Chicken Bouillon	1	0.00	Ground Beef - 1 lb.	3	2.50
Chili Powder	1	0.00	Freezer Items		
Cinnamon	1	0.00	cooked chicken - fr. freezer	1	0.00
Corn Meal	1	0.00	Peppers & onions (from freezer)	1	0.00
Cumin	1	0.00	Sauted Onion (from freezer)	1	0.00
Flour	1	0.00	Canned Fruit		
Oats	1	0.00	Craisins	1	2.50
Olive Oil	1	0.00	Pasta / Rice		
Pepper, black	1	0.00	Elbow Macaroni 8 oz.	1	1.25
Salt	1	0.00	Ethnic Food		
Soy sauce	1	0.00	Enchilada Sauce (red)	1	1.50
Sugar	1	0.00	Spaetzle	1	2.50
Tabasco	1	0.00	Frozen Bread		
Thyme	1	0.00	Frozen Buttermilk Biscuits	1	2.00
Produce			Deli		
Asparagus 1lb	1	1.99	Genoa salami, thinly sliced -	1	2.00
Bag baby spinach	1	2.50	Condiments		
Baking potatoes - 5 lb. bag	1	3.00	Italian dressing - 8 oz.	1	1.75
Cabbage	1	2.00	Canned Juices		
Carrots-Baby	1	1.50	Lime juice	1	1.99
Celery	1	0.89	Cheese		
Salad greens	1	1.99	Mozzarella - shredded 8 oz.	1	2.00
Salad mix-ins	1	2.00	Velveeta -16 oz. (or store bra	1	4.50
Fruit			Nuts		
Bag of Granny Smith apples	1	3.00	Slivered almonds	1	1.75
Bananas 1lb	1	0.59	Total:		
Beans					\$66.84
Black Beans- dried	1	1.50			
Split Peas	1	1.00			
Frozen Vegeta					
Broccoli florets - 12 oz.	1	1.50			
Refrig. Items					
Butter	1	0.00			
Cheddar cheese, grated	1	0.00			
Eggs	1	0.00			
Leftover ham - 2 cups	1	0.00			
Leftover ham bone for stock	1	0.00			
Leftover ham slices	1	0.00			
Milk	1	0.00			
Sour cream	1	0.00			
Canned Vegeta					