

Shopping list for 1/14/08

Created by

Shopping List: 1/6/2008

Baking Prod			Honey	1	0.00
Yeast	1	0.00	beef bouillon granules	1	0.00
Whole wheat flour	1	3.00	Crushed red pepper	1	0.00
Beans			Soy sauce	1	0.00
Can of black beans	1	0.75	Self-rising Flour	1	0.00
Bread			Olive Oil	1	0.00
Dinner rolls	1	2.00	Rice (preferably Calrose)	1	0.00
Canned Fruit			Pepper, black	1	0.00
Pineapple slices	1	1.75	Salt	1	0.00
Canned Meals			Produce		
Dried beef - small jar	1	2.50	onion (1)	1	0.40
Canned Vegeta			Tomatoes - cherry	1	2.00
Canned Corn 14.5 oz	2	0.50	Red Onion	1	1.00
Diced tomatoes w/grn. chilies	2	1.00	Green Onions	1	2.00
Cheese			Basil-fresh	1	1.99
Mozzarella - shredded 8 oz.	2	2.00	Leaf Lettuce	1	1.50
Cheddar shredded - 2 cups	1	2.50	Tomatoes, ripe	3	1.00
Condiments			Baking potatoes - 5 lb. bag	1	3.00
Dry White Wine	1	2.00	Refrig. Items		
Dairy/spreads			Salad Dressing	1	0.00
Light sour cream - 8 oz.	1	0.99	Dijon mustard	1	0.00
Cottage cheese - 16 oz.	1	3.00	Butter (1 lb.)	1	0.00
Whipping Cream - 1 cup	1	1.11	Milk (5 cups)	1	0.00
Cream cheese, 3 oz.	1	1.00	Baby Carrots	1	0.00
eggs	1	2.00	Parmesan Cheese	1	0.00
Ethnic Food			Buttermilk	1	0.00
Fortune Cookies	1	1.50	Garlic, minced - jar	1	0.00
Fish			Sauces		
salmon - 4 -6 oz. fillets	1	10.00	Spaghetti Sauce - 28 oz.	1	1.25
Frozen Vegeta			Soup		
Peas And Carrots 16 Oz	1	1.03	Chicken Broth	2	0.88
Okra - 10 oz., not breaded	1	2.00	Total:		
English peas	1	2.00	\$73.50		
Fruit					
Oranges	3	0.49			
Meat					
Boneless chicken - 1 lb.	2	3.00			
Nuts					
Sliced almonds-sm. bag	1	2.00			
Pantry Items					
Adobo	1	0.00			
Croutons	1	0.00			
Flour	1	0.00			
Hot sauce	1	0.00			