

Menus4Moms Grocery List for 4/14/08

Created by

Shopping List: 4/4/2008

<b>Bread</b>			Olive Oil	1	0.00
Dinner rolls	1	2.00	Salt	1	0.00
crusty bread	1	2.00	Oregano	1	0.00
<b>Canned Fruit</b>			Hot sauce	1	0.00
Mandarin orange slices	1	1.00	Cumin	1	0.00
Pineapple chunks	1	2.00	Dehydrated onion	1	0.00
Applesauce	1	1.50	Worcestershire Sauce	1	0.00
<b>Canned Vegeta</b>			Chili Powder	1	0.00
Mexican corn	2	0.75	Cornstarch	1	0.00
Pimiento - 4 oz	1	2.00	Cinnamon	1	0.00
<b>Cheese</b>			Crushed red pepper	1	0.00
Cheddar shredded - 2 cups	1	2.50	Dried minced garlic	1	0.00
<b>Condiments</b>			Flour	1	0.00
Italian dressing - 8 oz.	1	1.75	Sugar	1	0.00
Blue Cheese Dressing	1	2.00	Dry Mustard	1	0.00
Steak sauce (like A-1)	1	1.50	Ground ginger	1	0.00
Ranch Dressing Mix	1	1.00	<b>Pasta / Rice</b>		
<b>Dairy/spreads</b>			Angel hair pasta - 8oz.	1	1.00
Crescent rolls - low fat	1	1.50	Wild rice blend	1	2.00
Whipping Cream - 1 cup	1	1.11	<b>Produce</b>		
Light Sour Cream - 16 oz	1	1.99	Salad greens	1	1.99
Refrigerated Biscuits	1	1.50	Asparagus 1lb	2	1.99
<b>Drinks</b>			Baking potatoes - 5 lb. bag	1	3.00
apple Juice	1	1.50	Green Bell Pepper	1	0.79
<b>Frozen Dessert</b>			Cherry tomatoes	1	2.00
Vanilla Ice Cream 1/2 gal.	1	4.00	kale leaves	1	2.00
<b>Frozen Vegeta</b>			onion (1)	1	0.40
Broccoli Cuts 16 Oz	1	1.32	<b>Refrig. Items</b>		
Green beans	1	2.00	Teriyaki sauce	1	0.00
<b>Fruit</b>			Milk	1	0.00
Strawberries Bskt	1	2.00	Butter	1	0.00
Grapes	1	1.99	Garlic cloves	2	0.00
Apple	1	0.50	Bacon or bacon bits	1	0.00
Bananas 1lb	1	0.59	Parmesan Cheese	1	0.00
<b>Meat</b>			<b>Snacks</b>		
Chicken breasts, boneless	1	6.00	Tortilla chips	1	2.50
Ground Beef - 1 lb.	5	2.50	<b>Soup</b>		
Flank Steak - 2 lb.	1	7.00	Chicken Broth	1	0.88
Pork Tenderloin - 2 lbs.	1	7.50	<b>Total:</b>		
<b>Pantry Items</b>			<b>\$94.29</b>		
Bread Crumbs	1	0.00			
cayenne pepper	1	0.00			
Soy sauce	1	0.00			
Brown Sugar	1	0.00			
beef bouillon granules	1	0.00			
Basil	1	0.00			
Red Wine Vinegar	1	0.00			
Pepper, black	1	0.00			