

Menus4Moms Grocery List for 6/2/08

Created by

Shopping List: 5/26/2008

Bread					
Large wraps or tortillas	1	3.00			
Canned Fruit					
Mandarin orange slices	2	1.00			
Maraschino cherries	1	1.50			
Pineapple, crushed - 8 oz.	1	1.75			
Pineapple tidbits	1	2.00			
Cheese					
Cheddar shredded - 2 cups	1	2.50			
Condiments					
Ranch Dressing Mix	1	1.00			
Dairy/spreads					
Whipping Cream - 1 cup	1	1.11			
Cream cheese, 8 oz.	1	1.50			
Sour Cream - 16 oz	1	1.99			
sour cream - 8 oz.	1	0.99			
butter spray	1	2.00			
Deli					
Sliced Ham 16 Oz	2	4.48			
Freezer Items					
Sauted Onion (from freezer)	1	0.00			
Frozen Vegeta					
Peas	1	1.50			
Meat					
Roundsteak - sliced, 1 lb.	1	6.00			
Pork Chops - 4 large	1	5.00			
Chicken breasts, boneless 4 lb	1	10.00			
Pantry Items					
Sugar	1	0.00			
Soy sauce	1	0.00			
Poultry seasoning	1	0.00			
Olive Oil	1	0.00			
Adobo	1	0.00			
Poppy seed	1	0.00			
Pepper, black	1	0.00			
Oregano	1	0.00			
Pecans	1	0.00			
Red Wine Vinegar	1	0.00			
Vegetable Oil (pref. light oli	1	0.00			
Dry Mustard	1	0.00			
Flour	1	0.00			
Brown Sugar	1	0.00			
Salt	1	0.00			
Cornstarch	1	0.00			
Ground ginger	1	0.00			
Honey	1	0.00			
Basil	1	0.00			
Garlic powder	1	0.00			
Garlic salt	1	0.00			
Rice (preferably Calrose)	1	0.00			
Pasta / Rice					
WW pasta shells - 16oz.			1	1.50	
Produce					
Corn On Cob - 6 ears			1	2.00	
Tomatoes, ripe			1	1.00	
Celery			1	0.89	
Broccoli Bunch			2	0.75	
Brussels sprouts			2	2.50	
Baking Potatoes - 5 lbs.			1	3.00	
Asparagus 1lb			2	1.99	
Green Onions			1	2.00	
Leaf Lettuce			1	1.50	
Refrig. Items					
Stone-ground mustard			1	0.00	
Lemon Juice			1	0.00	
Butter			1	0.00	
Baby Carrots			1	0.00	
Milk			1	0.00	
Mayonnaise			1	0.00	
Snacks					
Buttery Round Crackers (Ritz)			1	2.00	
Soup					
Crn. of Potato			1	0.99	
Cr. Of Chicken			2	0.89	
			Total:		\$79.94