

Menus4Moms Grocery List for 6/30/08

Created by

Shopping List: 6/23/2008

Baking Prod			Chili Powder	1	0.00
Powdered Sugar	1	1.00	Baking Soda	1	0.00
			Baking Powder	1	0.00
Bread			Cornstarch	1	0.00
Hot dog buns	1	1.50	Basil	1	0.00
Hamburger buns	1	1.50	white cooking wine	1	0.00
			Vanilla Extract	1	0.00
Canned Vegeta			Balsamic vinegar	1	0.00
Black Olives	1	1.50	Sugar	1	0.00
Canned Corn 14.5 oz	1	0.50	Flour	1	0.00
			Dry Mustard	1	0.00
Cheese			Croutons	1	0.00
Mexican Blend - 2 cups	1	2.00	Cumin	1	0.00
Cheddar shredded - 2 cups	2	2.50			
			Pasta / Rice		
Condiments			Elbow Macaroni 8 oz.	1	1.00
Ranch Dressing	1	1.99	Angel hair pasta - 8oz.	1	1.00
Dairy/spreads			Produce		
Whipping Cream - 1 cup	2	1.11	Tomatoes, ripe	2	1.00
eggs	1	2.00	zucchini	1	0.75
sour cream - 8 oz.	1	0.99	yellow squash - 2 lbs.	1	2.00
Cream Cheese 8 oz	1	2.00	Red Onion	1	1.00
Crescent rolls - low fat	1	1.50	Asparagus 1lb	2	1.99
Yogurt	1	2.49	Green Onions	2	2.00
			Green Bell Pepper	3	0.79
Deli			Mushrooms, whole	2	1.59
Angel food cake	1	3.00	Red Bell Pepper	2	2.50
Freezer Items			Refrig. Items		
Sloppy Joes Sauce	1	0.00	Cheddar cheese, grated	1	0.00
Sauted Onion (from freezer)	1	0.00	Buttermilk	1	0.00
TacoSeas. grnd. beef (freezer)	1	0.00	American cheese slices	1	0.00
			Baby Carrots	1	0.00
Frozen Vegeta			Butter	1	0.00
cut corn - 12 oz.	1	0.99	Tomato	1	0.00
			Lettuce leaves	1	0.00
Fruit			Sour cream	1	0.00
Apples	1	3.00	Salad Dressing	1	0.00
Grapes	1	1.99	Milk	1	0.00
blueberries - pint	1	2.50	Condiments for burgers	1	0.00
Raspberries - 1 pint	2	3.50	Garlic cloves	1	0.00
Cantaloupe	1	2.00			
			Snacks		
Meat			Tortilla chips	1	2.50
bacon	1	2.50			
Boneless chicken breasts - 4	1	4.00	Soup		
Ground Beef - 1 lb.	2	2.50	Chicken Broth	2	0.88
Hot dogs	1	2.50			
Pantry Items			Total:		\$91.21
Pizza crust ingredients or pre	1	0.00			
Pepper, black	1	0.00			
Rice, your preference	1	0.00			
Adobo	1	0.00			
Rosemary, dried	1	0.00			
Salt	1	0.00			
Pecan meal (optional)	1	0.00			
Olive Oil	1	0.00			