

**Menus4Moms Shopping List for 5/25/09**

Created by

Shopping List: 5/19/2009

			Chicken Broth	1	0.88
<b>Pantry Items</b>					
Adobo	1	0.00			
Chili Powder	1	0.00	<b>Pasta / Rice</b>		
CROUTONS	1	0.00	Couscous	1	1.25
Cumin	1	0.00			
Flour	1	0.00	<b>Canned Vegeta</b>		
Honey	1	0.00	Diced Tomatoes - 14.5 oz.	1	1.00
Marjoram	1	0.00			
Olive Oil	1	0.00	<b>Frozen Dessert</b>		
Parsley	1	0.00	Frozen Strawberries 16 Oz	2	1.67
Pepper, Black	1	0.00			
Red Wine Vinegar	1	0.00	<b>Dairy/spreads</b>		
Rice, your preference	1	0.00	Guacamole	1	2.50
Sage	1	0.00	OJ	1	3.00
Salt	1	0.00	Sour Cream-8 oz.	1	1.00
Stone-Ground Mustard	1	0.00	Vanilla Yogurt - 1/2 qt.	1	3.00
Sugar	1	0.00			
			<b>Bread</b>		
<b>Refrig. Items</b>			Hamburger Buns	1	1.50
Applesauce	1	0.00			
Butter	1	0.00	<b>Freezer Items</b>		
Condiments for Burgers	1	0.00	Leftover Kabob/Vegetables	1	0.00
Eggs	1	0.00	Meatballs (from freezer)	1	0.00
Garlic Cloves	1	0.00	Sauteed Onion (from freezer)	1	0.00
Milk	1	0.00			
Mustard	1	0.00	<b>Beans</b>		
Salad Dressing	1	0.00	Pork-n-Beans, 28 oz.	2	1.00
Salsa	1	0.00			
			<b>Sauces</b>		
<b>Frozen Vegeta</b>			Spaghetti Sauce - 28 oz.	1	1.50
Baby Lima Beans	2	1.50			
Cut Corn 16 Oz	1	1.75	<b>Baking Prod</b>		
Peas	1	1.50	Whole Wheat Flour	1	2.00
			Yeast	1	1.00
<b>Meat</b>					
Bacon	2	2.50			
Boneless chicken - 1 lb.	2	3.00	<b>Total:</b>		<b>\$84.57</b>
Ground Beef - 1 lb.	2	2.50			
Pork Tenderloin - 2 lbs.	2	7.50			
<b>Fruit</b>					
Bananas	1	0.75			
<b>Condiments</b>					
Barbecue Sauce	1	1.00			
<b>Produce</b>					
Carrots-Baby	1	1.50			
Green Bell Pepper	1	0.85			
Leaf Lettuce	1	2.00			
Lemon	6	0.50			
New Potatoes 1 lb.	3	1.50			
Red Onion	1	1.00			
Tomatoes, Ripe	1	1.00			
<b>Cheese</b>					
Cheddar, Shredded - 2 Cups	1	2.50			
Feta - 4oz.	1	2.25			
Mozzarella - 3 cups	1	3.00			
<b>Soup</b>					