

Shopping List: 6/23/2005

Baking Prod				Cinnamon	1 0.00
bread crumbs	1	1.50		Cornstarch	1 0.00
				cooked chicken - fr. freezer	1 0.00
Canned Fruit				Baking Powder	1 0.00
peaches	1	1.50		Adobo	1 0.00
				Baking Soda	1 0.00
Canned Vegeta				Butter	1 0.00
Tomato Paste - 6 oz.	1	0.50		Brown Sugar	1 0.00
Pimiento	1	2.00		Garlic cloves	1 0.00
				Cumin	1 0.00
Cheese				Dry Mustard	1 0.00
Shredded Cheddar Cheese 16 Oz	3	3.23			
				Paper-Plastic	
Dairy/spreads				foil loaf pans	1 1.50
Eggs	1	1.75		9x13 foil pans	1 1.50
Sour Cream - 8 oz.	1	0.99		9x9 foil pans	1 1.50
Ethnic Food				Pasta / Rice	
Panko breadcrumbs	1	3.00		Elbow Macaroni 16 oz.	1 1.73
Enchilada Sauce (red)	2	1.50		Brown Rice	2 2.00
Japanese breadcrumbs	1	2.50			
Refried beans	1	1.50		Produce	
				Green Bell Pepper	2 0.79
Frozen Vegeta				Greens of choice	1 3.00
Corn On Cob 4 Ears	1	1.72		Green Beans	1 3.00
				New potatoes	1 2.00
Fruit				Carrots-Baby	1 1.50
Canteloupe	1	2.00		Onions	3 0.50
Apples - bag green	2	3.00		Red Bell Pepper	1 2.50
Strawberries Bskt	1	2.99			
Bananas 1lb	1	0.59		Refrigerated	
				corn tortillas	1 2.00
HEALTH FOOD					
Wheat berries	1	2.00		Soup	
				Cr. Of Mushroom	1 0.89
Meat				Chicken Broth	1 0.88
Ground Beef - 1 lb.	2	2.50		Beef Broth	1 0.89
Frozen bag chicken tenders (ra	1	4.99			
				Total:	\$83.19
Pantry Items					
Milk	1	0.00			
Honey	1	0.00			
Mayonnaise	1	0.00			
Ham - fr. freezer	1	0.00			
Vanilla Extract	1	0.00			
Thyme	1	0.00			
Worchestershire Sauce	1	0.00			
Vinegar	1	0.00			
Shredded beef (fr. freezer)	1	0.00			
Pepper	1	0.00			
Olive Oil	1	0.00			
Salt	1	0.00			
Rolled oats	1	0.00			
Chili Powder	1	0.00			
Buttermilk	1	0.00			