

Shopping List: 9/29/2005

Bread			Oregano	1	0.00
English Muffins	1	2.50	Peanut butter	1	0.00
Canned Vegeta			Parmesan Cheese	1	0.00
Rotel	2	1.50	Salad Dressing	1	0.00
Pork and beans - 28 oz	2	2.00	Mayonnaise	1	0.00
Canned Corn	1	0.90	White rice	1	0.00
Black beans	1	1.00	Vinegar	1	0.00
Cheese			mustard	1	0.00
Cheddar, sharp - 4 cups	1	4.00	Olive Oil	1	0.00
Parmesan cheese - 8 oz	1	1.99	Lemon Juice	1	0.00
Mozzarella - 2 cups	1	1.50	Paper-Plastic		
Condiments			Heavy Duty Foil	1	2.00
ranch dressing mix	1	2.00	Pasta / Rice		
Dairy/spreads			Med. pasta shells (pref. whole)	1	1.50
Eggs	1	1.75	Produce		
Ethnic Food			onion (1)	1	0.40
Frozen Edamame	1	2.50	New potatoes (1 lb.)	1	2.00
FISH			Red Bell Pepper	1	2.50
Salmon (1-1/2 lbs.)	1	10.00	Mushrooms, sliced	2	1.99
Frozen Vegeta			Salad mix	1	1.99
Baby/petite peas	1	2.00	Lemon	1	0.50
Okra - 10 oz., not breaded	1	2.00	Green Onions	2	2.00
Fruit			sunflower seeds	1	2.50
Apples	1	3.00	zucchini	7	0.75
Oranges 1lb	1	0.49	Tomatoes, ripe	5	0.75
Canteloupe	1	2.00	Spinach salad mix	1	2.50
Raisins	1	2.00	Carrots-Baby	1	1.50
Meat			Green chili (any)	6	0.25
Frozen brown and serve sausage	1	3.00	Carrots	1	1.60
Hot dogs	1	2.50	Celery	2	0.89
Chicken parts - 2lbs.	1	7.99	Sauces		
Pantry Items			Alfredo sauce (1 lb. jar)	1	2.00
Bread Machine ingredients	1	0.00	Total:		
Chives	1	0.00	\$101.37		
Basil	1	0.00			
Butter	1	0.00			
Adobo	1	0.00			
Garlic salt	1	0.00			
Dijon Mustard	1	0.00			
Garlic cloves	1	0.00			
Croutons	1	0.00			
Salt	1	0.00			
ketchup	1	0.00			
Pepper	1	0.00			
paprika	1	0.00			