

Shopping List: 10/13/2005

Canned Vegeta			Linguine 16 oz.	1	2.50
Mushroom Pieces - 4 oz.	1	0.85	Rotini - whole wheat	1	1.20
Cheese			Produce		
Mozzarrella - 2 cups	1	1.50	Broccoli Florets, bag	1	2.00
Parmesan cheese - 8 oz	2	1.99	Sugar snap peas 6 oz.	2	2.00
Dairy/spreads			Brussels sprouts	2	2.50
Heavy Cream 8 oz.	1	1.11	Mushrooms, sliced	3	1.99
Light Sour Cream - 8 oz	1	1.25	Mushrooms, whole	1	1.59
Frozen Vegeta			Garlic cloves	1	0.75
Baby/petite peas	2	2.00	Green Onions	2	2.00
Fruit			Salad mix	1	1.99
Peaches - 3	1	1.50	Sauces		
Your choice	1	3.00	Spaghetti Sauce - 28 oz.	1	1.25
Meat			Tomato Sauce 8 Oz	1	0.30
Pepperoni	1	1.39	Soup		
Ham butt or shoulder, smoked	1	10.00	Chicken Broth	5	0.88
Hot Italian Sausage - 1 lb.	1	2.50	Total:		
Chicken breast halves - 4	1	3.50	\$76.28		
Nuts					
Slivered almonds	1	1.75			
Pantry Items					
Olive Oil	1	0.00			
Milk	1	0.00			
Sauted Onion (from freezer)	2	0.00			
Salt	1	0.00			
white cooking wine	1	0.00			
Sugar	1	0.00			
Pepper	1	0.00			
Parsley	1	0.00			
Salad Dressing	1	0.00			
Rosemary, dried	1	0.00			
Cooking sherry	1	0.00			
Cornstarch	1	0.00			
Flour	1	0.00			
Croutons	1	0.00			
Dry Mustard	1	0.00			
Brown Sugar	1	0.00			
Brown rice	1	0.00			
Lemon Juice	1	0.00			
celery seed	1	0.00			
Butter	1	0.00			
Paper-Plastic					
9x9 foil pans	1	1.50			
Pasta / Rice					
Linguine 8 oz.	1	1.50			
spaetzle	1	2.00			