

Shopping List: 11/3/2005

			Romaine Lettuce	1	1.50
Bread					
Bread of your choice	1	2.00			
Italian bread	1	2.50			
Cheese			Refrig. Items		
Cheddar, sharp - 4 cups	1	4.00	Buttermilk	1	0.00
Swiss Cheese block	1	2.00	Salad Dressing	1	0.00
			Milk	1	0.00
			Lemon Juice	1	0.00
Dairy/spreads			Soup		
eggs	1	2.00	Chicken Broth	2	0.88
Cottage Cheese - 8 oz.	1	1.25			
Vanilla yogurt - 32 oz.	1	3.00			
			Total:		\$49.91
Ethnic Food					
Green Chilis	1	1.00			
Freezer Items					
Sauted Onion (from freezer)	1	0.00			
ham, diced (from freezer)	1	0.00			
cooked chicken - fr. freezer	1	0.00			
Browned beef (from Freezer)	1	0.00			
Bolognese sauce	1	0.00			
Frozen Pasta					
Frozen tortellini	1	4.00			
Frozen Vegeta					
Petite Peas 12 Oz	1	1.30			
Fruit					
Cantaloupe	1	2.00			
Your choice	1	3.00			
Meat					
Sausage	1	3.50			
Country ham slices - 6	1	5.00			
Pantry Items					
Salt	1	0.00			
Olive Oil	1	0.00			
Self-rising Flour	1	0.00			
Pepper	1	0.00			
Flour	1	0.00			
Baking Powder	1	0.00			
Croutons	1	0.00			
Biscuit mix	1	0.00			
Butter	1	0.00			
Tarragon	1	0.00			
Produce					
sunflower seeds	1	2.50			
Pesto (sm. jar)	1	2.00			
Green Onions	1	2.00			
Red Bell Pepper	1	2.00			
Carrots	1	1.60			